



### Personal Hygiene Skills

Motor skills to support children to do things independently such as get dress, tie shoelaces, and clean themselves after going to the bathroom.

- More opportunity to practise fastenings – buttons, zips, laces, Velcro.
- Taking care of physical appearance independently, hair brushing and face washing.
- Ensuring proper handwashing at appropriate occasion without the need to be reminded.

### Outdoor Skills

*Sensory play focus in order to explore, develop and learn.*

- Exploring the forest school area with a focus on living things in our environment.
- Team games to support skills such as confidence, balance, social skills, coordination and fantastic exercise opportunities.

### Cooking Skills

- Mixing, using either a spoon or hands to mix ingredients together.
- Sieving, understanding the best technique to be able to do this accurately and independently.
- Rolling, Sharing and cutting.

End goal, to make own biscuits in different forms, chocolate chip, ginger bread etc...

## Resource Provision

### Autumn 2

### Termly focus

Sensory and Motor skills focus.



### Life Skills

Communication beyond the familiar group – encouraging interactions outside of school or with children they may not spend time with much, such as younger ‘play buddies’, buying things from the shops and play time challenges to interact with different people.

Managing and understanding the appropriate way to respond when feeling negative.

