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| **Subject: Personal Development Changing Me Phase 1: Year B**  *NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic’s we teach objectives discreetly in MTP’s whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;*  **RSHE Statutory Guidance**  Respectful Relationships 3a,c,d  Being Safe 5a,c,f,e  Mental Health and Well-Being 6b,c,  Health and Prevention 11a  Changing Adolescent Body,13a  **Non Statutory Guidance Citizenship KS1**  Developing confidence and responsibility and making the most of their abilities 1a-e  Developing a healthier, safer life style 3a-g  Developing good relationships and respecting the difference between people 4a-e  Breadth of opportunities 5 a-b, d-e-g-h |
| **Prior Learning (what pupils already know and can do)**  Know that they will physically change over time; size, weight, height  Know about their external body parts and the names  Know that a male and female, boy and a girl have physically different outer body parts  know who to talk to if they are feeling worried  Know how to listen and turn take when talking  Know what a verbal and non-verbal clue is when turn taking when talking  Know how to use equipment safely within school |
| **End Points (what pupils MUST know and remember)**  Know about human life cycle growing from a baby to a child, teenager adult, older person  Know that they will like some of the changes and will not like others  Know the names of male and female private parts  Know how to be safe around fire and fire works  Know how to use the 4 rules of a conversation |
| Key Vocabulary to teach each session; Written In bold at the beginning of each session. To be revisited in following sessions;  Physical changes, transition, coping, aging, independence resilience, assertiveness, confidence life cycle |
| **Session 1:** Explore life cycles in nature and understand that some changes are out of my control. I can tell you about the natural process of  **Taught Year B Changing Me 2** |
| **Session 2:** What growing up means. I can identify parts of my body that makes boys different to girls. Name the parts - penis, testicles, vagina, anus. Change in people’s expectations. Increased independence; assertiveness. Appreciate some parts of my body are private parts  **Taught Year B Changing Me 2** |
| **Session 3**: Talk about the natural process of growing from young to old and that this is not in their control. They understand where they are on the continuum.  **Taught Year B Changing Me 2** |
| **Session 4**: Assertiveness: I understand that there are different types of touch. I can tell you which touch I like and which touch I dislike. I am confident to ask for help if there is something I do not like.  **Taught Year B Changing Me 2** |
| **Session 5**: Looking Ahead: I can identify what I am looking forward to when I move to the next class and I can think about changes that could happen.  **Taught Year B Changing Me 2** |
| **Session 5: Debate** Children learn active listening, they are learning to refine when they can talk and when they must listen. They are learning about the rules of having and holding a conversation. They are learning about the 4 parts of a conversation. Small talk (pleasantries), fact/disclosure, giving a view point, talking about personal feelings .They are refining the vocabulary of turn taking. |
| **Session 6: Wider Safety**; Dangers in their contextual environment; Fire and fire works  **Jigsaw optional fire and fireworks ages 7-9** |