



Frodsham Primary Academy

6th September 2024

Welcome to the first newsletter of this new school year.

We have had a fantastic, settled start to the school year. Children have started back exceptionally well and have all settled into their new class structures.

This week, we have spent time reminding children of our school values, rules, and routines. We are having a big focus on positive praise and reinforcement within school. We have reset our class Dojo and all Dojo points will be linked to our school rules. In addition to this, children get a Dojo for arriving at school on time every day. As another incentive, we have also introduced 'WOW' cards. These can be awarded by ANY member of staff within school when children are recognised for doing something over and above. Children are then rewarded back in class with 2 Dojo points. Children can spend their Dojos in our Dojo shop which will be open at the end of each half term.



Children in Year 1-6 should have received your family Dojo log in today. With this, you will be able to see when your child is awarded Dojo points and keep up to date with their positive praise. Children in EYFS will receive theirs next week, we want to ensure children fully understand the concept before we start awarding points.

As I am teaching in EYFS for part of the week, there will be limited days I will be available on the school gate as I will be opening for EYFS children. There will always be a member of staff for you to speak with.

I have added some initial dates for your diary onto the back page, but please keep a check as dates will be added over the next few weeks.

Have a great weekend,

Mrs Callaghan

Stars of the week

N: Freya

R: Adelayd

Y1: Harley

Y2: Lexy

Y3/4: Aria

Y5: Mason

Y6: Kyla

RP: Albert

Learning this week...

This week in Barn Owls, we have spent time welcoming each other back to school and meeting new friends who have joined us this September. We have enjoyed exploring the layout of our new classroom and learning in all the different areas.

All children have been having a good go at name writing this week. Children each have their own whiteboard with name card attached. They have been asked to write their name each morning when they enter the classroom. This will be a big focus for us this half term.

We have also enjoyed taking part in a children's yoga session and our first PE lesson with Miss Greenhalgue. Next week, children will start their weekly forest school session with Miss Pemberton on Thursday mornings. This will be so much fun!

Well done for a fantastic start to the year, you have made us very proud.

Mrs Callaghan

Snowy Owls have come back to school with fantastic attitudes towards their learning and brilliant confidence too!

The children have been looking back at all their learning from last year to see how much they can recall and then looking into their futures on what they want to be when they grow up. We discussed different careers and how our learning now will help us to achieve these goals.

In Maths, Year 1 have been learning all about careful counting up to 10 and Year 2 have been learning about counting up to 100 in 10s and recognising different numbers too.

I am really looking forward to the rest of this half term!

Miss Sands

I am so happy to be back with the children this year, they have already shown me in these last 3 days how amazing they all are and how they are ready to learn.

We have written letters from our future selves about all of their future achievements for this year. These will be displayed in the hall on mountains with photo's of them climbing to reach their goals.

The children have started their maths learning looking at place value in 4 digit numbers. They used physical resources to make the numbers in different ways.

Miss Curtis

We have had an amazing start to the school year in Year 5 and 6. The children have come back ready to learn and they seem to have grown in maturity. We have started the school year by reminding ourselves of the school rules and routines to make sure that we are settling the correct example across school.

We have been looking at the whole school text 'Oh the Places You'll go' by Dr Suss in English and we have been looking at what the text means to us as there are a lot of hidden meanings.

We have already started our maths lessons and we have looked at reading and writing numeral to 1 million and 10 million and Fridays we will be having dedicated time to problem solving in maths.

As a class we have recapped what the British Values are and what they mean to us. We have looked at how the different British Values are represented at Frodsham Primary Academy.

We have a 'Meet the Teacher' event on Monday at 2:30pm where you can find about all of the exciting learning opportunities that are planned for the Autumn term, so, please do pop along.

Mrs Price

Tawny Owls have been settling back into school and relearning their classroom rules and routines.

Children have explored both of their classrooms, the nest room, which is our new classroom, and the tree room that were already familiar with.

Children also recapped the zones of regulation, identifying emotions in each zone and coming up with some ideas to help us get back to the green zone.

Well done for a great start back to school

Miss Pemberton

School meals: Next week, Week 2

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	 Breaded Chicken Goujons served with Potato Wedges & Seasonal Vegetables	 Pasta Bolognese served with Garlic & Herb Bread and Seasonal Vegetables	 Roast Chicken served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	 BBQ Chicken served with Savoury Rice and Seasonal Vegetables or Hot Cheese & Ham Wrap served with Carrot & Cucumber Sticks	 Cheese & Tomato Pizza served with Chips & Peas or Baked Beans
VEGETARIAN VERSION OF THE ABOVE AVAILABLE DAILY					
Choice 2	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad
Dessert	 Sticky Toffee Pudding served with Custard	 Chocolate Mudslide	 Pineapple & Grapes	 Strawberry Ice Cream Cake	 Bitterscotch Biscuit

AVAILABLE ONLY - UNLIMITED SALAD, FRESHLY BAKED BREAD, FRUIT YOGURT, FRESH FRUIT PLATTER & CHILLED WATER. FOR ALLERGEN INFORMATION, PLEASE ASK ONE OF OUR CATERING TEAM. ALL THE ABOVE DISHES ARE SUBJECT TO AVAILABILITY.

LUNCH MENU

Logos: Tilda, Edsential CATERING

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	 Beef Burger served in a Bun with Potato Wedges & Seasonal Vegetables or Baked Beans	 Tomato & Mascarpone Cheese Pasta served with Garlic & Herb Bread and Seasonal Vegetables	 Cottage Pie served with Seasonal Vegetables	 Chinese Chicken Curry served with Rice, Nam Bread & Seasonal Vegetables or Deep Pan Cheese & Tomato Pizza Slices served with Carrot & Cucumber Sticks	 Breaded Mozzarella Sticks served with Chips & Peas or Baked Beans
VEGETARIAN VERSION OF THE ABOVE AVAILABLE DAILY					
Choice 2	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad
Dessert	 Sticky Frijack	 Wacky Chocolate Cake	 Apple & Grape Pot	 Fruit Mousse	 Golden Crunch Cookie

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LUNCH MENU

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WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	 Sausages served with Mashed Potato, Seasonal Vegetables & Gravy	 Spaghetti Bolognese served with Garlic & Herb Bread and Seasonal Vegetables	 Honey Roast Gammon served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	 Cowboy Beef & Rice Burrito served with Seasonal Vegetables or Carrot & Cucumber Sticks or Hot Pizza Bites served with Carrot & Cucumber Sticks	 Battered Fish (BEEC) served with Chips & Peas or Baked Beans
VEGETARIAN VERSION OF THE ABOVE AVAILABLE DAILY					
Choice 2	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings served with a Side Salad	 Jacket Potato with a Selection of Fillings served with a Side Salad
Dessert	 Ice Cream & Fruit	 Chocolate Crunch	 Fresh Fruit Salad	 Ginger Biscuit	 Snicker Double Biscuit

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LUNCH MENU

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Diary of events for Autumn term

Wednesday 4 th September	School reopens
Monday 9 th September 2.30-3.00	Year 5/6 curriculum information session for parents
Tuesday 10 th September 2.30-3.00	Year 1/2 curriculum information session for parents
Thursday 12 th September 2.30-3.00	Year 3/4 curriculum information session for parents
Friday 13 th September 2.30-3.00	Resource Provision curriculum information session for parents
Friday 27 th September 9-10am	McMillan Coffee morning
Thursday 3 rd October MORNING	School photographs- Individual and sibling
Monday 14 th October	EYFS stay and play for morning children only 10.30-11.30 EYFS stay and play for reception and full time nursery 2-3pm
Monday 14 th October 3.30-4.00	Class book look- All parents invited into classes
Monday 14 th -16 th October	Bike ability Level 1 and 2
Wednesday 16 th October	PTA Halloween Disco
Thursday 17 th October	Y3/Y4 Learn to ride session
Friday 18 th October	Final Day- Finish at 3.20pm
Monday 4 th November	Return to school
Friday 15 th November	Interim reports go home
Monday 18 th November	Parents evening for all classes
Thursday 21 st November	Own clothes day- Bring a bottle
Thursday 28 th November	Own clothes day- Bring chocolates or sweets
Thursday 5 th December	PTA Christmas Bingo night 5.30-8.30pm
Monday 9 th December	Christmas performance for Resource Parents ONLY
Tuesday 10 th December	Christmas Performance 9.15am and 2.00pm
Wednesday 11 th December 3.20-5.15	PTA Christmas film night
Thursday 12 th December	Christmas Pantomime Theatre Trip
Thursday 12 th December 3.30-4.00	End of term Book Look
Thursday 19 th December	Resource Provision Pantomime Trip
Friday 20 th December	Own Clothes Day/Party Day Finish school at 1.20pm
Monday 6 th January	Children return to school

Please take a note of term dates.
These are also on the school website

School Term Dates for Frodsham Primary Academy September 2024 - July 2025



	School Opens	School Closes
Autumn Term 1	Wednesday 4 th September	Friday 18 th October
October Half Term	<i>Monday 21st October – Friday 1st November</i>	
Autumn Term 2	Monday 4 th November	Friday 20 th December
Christmas Break	<i>Monday 23rd December – Friday 3rd January</i>	
Spring Term 1	Monday 6 th January	Friday 14 th February
February Half Term	<i>Monday 17th February – Friday 21st February</i>	
Spring Term 2	Monday 24 th February	Friday 11 th April
Easter Break	<i>Monday 14th April – Monday 21st April</i>	
Summer Term 1	Tuesday 22 nd April	Friday 23 rd May
Whit Holiday	<i>Monday 26th – Friday 30th May</i>	
Summer Term 2	Monday 2 nd June	Friday 18 th July

INSET TRAINING DAYS (staff only – children are not in school)

- Monday 2nd September
- Tuesday 3rd September
- Friday 27th June
- Monday 21st July
- Tuesday 22nd July

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

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