

Personal Hygiene Skills.

Motor skills to support children to do things independently such as get dress, fasten shoe laces and clean themselves after going to the bathroom.

- More opportunity to practise fastenings – buttons, zips, laces, Velcro.
- Taking care of physical appearance independently, hair brushing and face washing.
- *Ensuring proper handwashing at appropriate occasion without the need to be reminded.*
- Children to be able to express when they need the toilet, and show understanding of the order of events when going to the bathroom, e.g. *telling an adult, pulling pants all the way down, sitting correctly, pulling pants up alone, washing hands...*

Outdoor Skills.

Sensory play focus in order to explore, develop and learn.

- Exploring the forest school area with a focus on living things in our environment and looking at how we can support life in the forest area.
- Understanding the importance of movement and increasing stamina using the golden mile.

Resource Provision Spring 2 Termly focus

Sensory and Motor skills focus.

Life Skills.

- Understanding emotions.
Children will be able to show they understand what emotions they are being shown, and be able to relate this to themselves. They will be able to describe how the emotion feels and the best way to get help to regulate this emotion.
- Regulating emotions.
Children will have a 'tool box' of things that can support cooling down and techniques they can try when feeling a negative emotions. They will be able to explain why certain methods will be preferred.

Cooking Skills.

To continue skills that were begun to be developed last term, and to expand this in more detail.

- Mixing, using either a spoon or hands to mix ingredients together.
- Sieving, understanding the best technique to be able to do this accurately and independently.
- Rolling, sharing and cutting.

Expanding skills into:

- Opening up packages,
- Measuring,
- Selecting the correct kitchen utensils for a task.