



Frodsham Primary Academy
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Dr Bike & Active Travel Breakfast
27th of March – Dr Bike.
27th of March – Active Travel Breakfast

Dear Parent/Carer,

As part of our ongoing commitment to encourage active travel to school, we would like to invite yourself and your child/children to attend an Active Travel Breakfast on the 27th of March. We are also offering a free Dr Bike throughout the school day for the children’s bikes. There will be a maximum of 40 places for the Dr Bike available and they will be allocated on a ‘first come, first served’ basis.

What does Dr Bike involve?
We carry out **free of charge** safety checks on pupil’s bikes. The checks are designed to get unused bikes back on the road, or give well used bikes some TLC. We will adjust any minor issues of brakes and gears, check tyre pressure and minor repairs. *However, if there are major issues, we will issue a bike prescription for any bikes needing further work.*

Pupils are to bring their bike to school and then wheel this down to **the top playground**, next to the outdoor classroom. This is where Dr Bike will be based all day. We will then conduct safety check on the bikes throughout the duration of the school day. Please note that the safety checks can only be of minor issues. Pupils will then take their bikes home when school day has finished.

Please ensure your child is safe on their journey into school. They may need to walk and push their bike in rainy or windy conditions so ensure they leave in plenty of time. Please ensure your child wears a helmet if they are riding to school.

What is an Active Travel Breakfast?

We are inviting students, parents and younger siblings to attend our active travel breakfast where we provide a free breakfast for all children in attendance. Parents are to stay with their children until the usual school day begins.

If your child would like to **claim their free mini breakfast**, all they have to do is **tell us they are coming** using the slip below and travel to school actively. This can include park and stride (parking and walking) the breakfast will take place from the bottom playground at 8am - 8.40am.

Please complete and return the slip below before the 23rd of March if your child would to take part in the Dr Bike and/or breakfast. This is essential so we know how many to cater for.

If you have any queries see Miss Pemberton – apemberton@wpat.uk

Please return no later than 23rd of March for both activities

My child would like to take part in the Dr Bike session on 27th of March.

Name of pupil
Signed (parent/carer):
Name (print):

My child would like to take part in the Active Travel Breakfast on 27th of March.

Name of pupil and number of siblings
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Allergies – please list any food allergies below and speak to Sam Turner on the day of the breakfast

Signed (parent/carer):
Name (print):

