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Recap of information and tips to be ready for tomorrow's cross country event on Friday 22nd March 2024.

Dear parent/ carer,

Here is recap of all the information you need to know.

- If you are attending the cross country event to watch your child, the car park you need to go to is Whitefield Carpark.
- Children will be getting on the coach at 9.10am in order to arrive at the forest for 9.30.
- Children will 'walk' the full course when we arrive so they know where they are running. There will be marshals to guide children along the way.
- The first race will begin at 10am.
- The race order starts with Year 3 'younger' girls – this means if their birthday is from March – August, and then will move onto the Year 3 'older' girls; birthday from September – February. It will then move to the Year 3 boys, and then will climb up the year groups, alternating between boys and girls.
- We have put your children in the correct race for their age group. The only time we have swapped ages is if your child is the only child from our school in their race and they do not want to run it 'alone'.
- Races will start every 5 minutes.

What to bring to school on Friday:

- Please make sure your child arrives to school in their PE kit, with hair tied up and NO jewellery
- Please bring a change of clothes for after the race. We are suggesting 'own clothes' as your children will be having a celebration when they return to school to congratulate them for their bravery.
- We also suggest bringing a plastic bag to sit on. The floor will be wet and children will be waiting for their race, and will be asked to sit down.
- Your child will not be at school for snack time. Please provide a snack for your child to have throughout the morning. Please ensure this is an appropriate healthy snack.
- Your child MUST take their water bottle with them. We will not be providing one for your child.
- We suggest bringing a backpack or suitable bag to keep your belongings safe in, as we do not want to leave anything at the forest.
- Please ensure your child has a coat and warm, waterproof clothing with them. There will be nowhere to go inside if it starts to rain.
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If you have any questions, or any information is missing, please email me at apemberton@wpat.uk
Miss Pemberton.

