



Frodsham Primary Academy
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March 2023.

Cross Country Race at Delamere forest, Friday 24th March 2023.

Dear Parents,

We are attending the annual Cross Country event **Friday 24th March 2023**. This will take place near **Whitefield car park in Delamere Forest**. Each race is approximately 1km in length and there will be approximately sixteen races, with competitors grouped by age and gender.

Each year group's race is broken up into gender and ages, for example, the year 3 race will have:

- Year 3 girls younger race (August – March)
- Year 3 older girls race (February – September)
- Year 3 boys younger race (August – March)
- Year 3 boys older race (February – September)

This will be the same for each year group. Children are being asked to arrive to school in their PE kits ready for the event. School PE kit includes sturdy trainers. This must be the correct PE uniform which is a plain white t-shirt and navy or black shorts. If your child forgets their kit, you will be called and asked to bring it into school in time for the event.

Please ensure that children have:

- A non- fizzy drink and a sensible snack to keep energy levels up.
- Warm, waterproof clothing to wear before and after running.

Every child from KS2 will be attending this running race and giving it their best go. Children will travel to and from the event on a coach. We will leave school at approximately 11.30 and will return for the end of the school day. Children will have their lunch at an earlier time, before they leave for the event.

We would like to see as many parents and relatives supporting this exciting event **but please ensure that you do not impede the run up to the finish**. If you do decided to attend, please note that there is a charge for car parking at Whitefield car park.

If you have any queries, please contact me.

Alice Pemberton,
PE lead.
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